

2024

Tokitsu Ryu - Italia

# INTERNAZIONAL JISEI BUDO SEMINAR ASSISI (IT)

with Sensei  
**KENJI TOKITSU**

from Nov 28 to Dec 02

10° Dan

- > **12 HOURS OF TRAINING** with Sensei Kenji Tokitsu
  - > **THEMATIC WORKSHOPS** held by the school Masters
  - > **4 NIGHTS WITH FULL BOARD OPTION**
- check-in:  
Thu 28 Nov from 12:00 pm
- check-out:  
Mon 2 Dec by 9:00 am
- > **ALL THE ACTIVITIES WITHIN THE SAME COMPLEX!**

*This event is aimed at students of the school, but it is also open to all practitioners of other disciplines, with no age or level limit. During the seminar, Sensei Tokitsu will demonstrate his own method, that is the result of years of study and research in the field of martial arts (Budo), ranging from Karate, Qi Gong, Taiji Quan and Yi Quan, in the pursuit of health, well-being and efficacy.*



- > **MANY MOMENTS OF SHARING AND CONVIVIALITY** among the members of the Tokitsu Ryu family
- > **TOURS TO DISCOVER THE CENTER OF ASSISI** with its monuments and its flavours
- > **EASILY REACHABLE FROM ROMA FIUMICINO INTERNATIONAL AIRPORT**  
90 min by train to Foligno + shuttle to Assisi

**CONTACTS: Jiseido Lissonne**

mail: [jiseido.lissone@gmail.com](mailto:jiseido.lissone@gmail.com) - whatsapp: +39 335 225289 - website: [www.jiseidolissone.it](http://www.jiseidolissone.it)



# WHERE

Oasi Sacro Cuore, Viale Vittorio Emanuele II, n°5 - Assisi (PG)

*Oasi Sacro Cuore is a peaceful and quiet place, immersed in a large park, a short walk from the historical center of Assisi.*

*The Oasi complex offers single, double and multiple bedrooms with a splendid view over Assisi, each with private bathroom and shower.*

*In the Oasi you will also find a bar, large halls for common activities and for guests to meet, a dining hall and a private parking space.*

# PROGRAM

- 07.00 - 07.30 zazen meditation (optional)
- 08.00 - 08.45 breakfast
- 09.00 - 11.00 practice: Qi Gong - Yi Quan
- 12.30 - 13.30 lunch
- 13.45 - 16.00 discover Assisi
- 16.30 - 18.30 practice: Jisei Budo
- 19.00 - 20.30 dinner

# COSTS

## full board

(Arrival day lunch and dinner, departure day breakfast included.)

- double.....480 €
- single.....520 €

## half board

(Arrival day dinner, departure day breakfast included)

- double.....460 €
- single.....500 €

## bed and breakfast

- double.....440 €
- single.....460 €

[for further questions please contact Jiseido Lissone]

## BOOKING CONDITIONS (see required forms)

50% of the due amount by 20/07/24

50% balance by 15/10/24



# INTERNATIONAL JISEI BUDO SEMINAR \_ ASSISI (ITALIA)

from November 28 to December 2 (2024)

## REGISTRATION FORM

FULL NAME	
PLACE AND DATE OF BIRTH	
COUNTRY OF ORIGIN	
E-MAIL	
TEL.	
DOJO OF ORIGIN	

### how to register

By marking an X on the chosen option, paying 50% of the due amount, and sending a copy of everything to the following email address: [jiseido.lissone@gmail.com](mailto:jiseido.lissone@gmail.com)

- FULL BOARD IN A SINGLE ROOM - TOTAL AMOUNT € 520,00
- FULL BOARD IN A DOUBLE/TRIPLE ROOM - TOTAL AMOUNT € 480,00
- HALF BOARD IN A SINGLE ROOM - TOTAL AMOUNT € 500,00
- HALF BOARD IN A DOUBLE/TRIPLE ROOM - TOTAL AMOUNT € 460,00
- BED AND BREAKFAST IN SINGLE ROOM - TOTAL AMOUNT € 460,00
- BED AND BREAKFAST IN DOUBLE/TRIPLE ROOM - TOTAL AMOUNT € 440,00
- OTHER/SPECIAL REQUEST - PLEASE CONTACT THE ORGANIZATION

### how to pay

- By paying 50% upon registration and returning this completed form by July 30, 2024.
- By paying the remaining 50% by October 15, 2024.

**BOTH PAYMENTS MUST BE MADE VIA BANK TRANSFER TO:**

Bank: Banca Popolare di Sondrio - filiale di Lissone  
Account holder: ASSOCIAZIONE SPORTIVA E DI PROMOZIONE SOCIALE JISEI-DO LISSONE  
CON SEDE A LISSONE VIA AUGUSTO RIGHI 13

Codice IBAN: IT 57 B 05696 33270 000011222x72  
Codice BIC/SWIFT: POSOIT22XXXX  
Purpose of payment: -DEPOSIT FOR INTERNATIONAL STAGE IN ASSISI  
-BALANCE FOR INTERNATIONAL STAGE IN ASSISI

### for any inquiries or information, please contact:

mail: [jiseido.lissone@gmail.com](mailto:jiseido.lissone@gmail.com) \_ Tel: Francesco Rossena +39 335225289  
websites : [www.jiseidolissone.it](http://www.jiseidolissone.it) - [www.tokitsuryu.eu](http://www.tokitsuryu.eu)





# A.S.D.P.S. JISEI-DO LISSONE

- Associazione dilettantistica e di promozione sociale -  
ASC Ente di Promozione Sportiva riconosciuto dal CONI



Via A. Righi n° 13, Lissone

email [jiseido.lissone@gmail.com](mailto:jiseido.lissone@gmail.com)

[www.jiseidolissone.it](http://www.jiseidolissone.it)

## MEMBERSHIP APPLICATION FORM - YEAR 2024/2025

Full name.....Country.....

Place of birth..... Date of birth.....

Residential Address.....

e-mail.....tel.....

National identification number.....

## REQUESTS TO BE ADMITTED

As an ordinary member of A.S.D. P.S. JISEI-DO LISSONE.  
The undersigned declares to accept the Association's Statute.

Lissone (date)

Signature

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